

Bernie's Delegate Report: Health & Safety Conference

On April 28th and 29th, I was Local 37 delegate at the 46th Annual Safety Services NB Health and Safety Conference. The Conference was held at the Delta Beausejour in Moncton, NB. IBEW Local 37 was a Silver Sponsor of this conference.

The Conference had many exhibitors, workshops and keynote speakers. One Keynote Speaker was Susan Sawatzky from Edmonton, Alberta of In Scope Solutions. Her Topic was Fatigue at work.

- Did you know that fatigue is 4 times more likely to cause worker impairment than drugs and alcohol. Fatigue legislation is now before the Alberta Legislation and if passed will impact business practices across the country. HR and Safety people will need to understand that fatigue is a safety issue.

One of the workshops I found very interesting was Road to Mental Readiness by Julie Devlin Manager of the Stress Injury Clinic in Fredericton. She gave a great presentation about Stress and Conflict in the work Place.